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## WHAT CAN I LEARN FROM THIS SECONDARY RESEARCH?

What is the relationship between metacognitive awareness and L2 listening comprehension?

## KEY TERMS

### Metacognitive awareness

An awareness about how one thinks about one's mental processes

## WHAT EVIDENCE IS SUMMARISED?

29 studies

## WHAT DOES IT FIND?

- There is a relationship between metacognitive awareness and L2 listening comprehension, but the strength of this relationship depends on five sub-components:
  1. Person's knowledge
  2. Mental translation
  3. Directed attention
  4. Planning and evaluation
  5. Problem-solving variable
- Mental translation is a strategy in which learners translate (key)words to their first language while listening to the text.
- Mental translation can be seen more among learners of lower proficiency.

## HOW CAN I USE THE FINDINGS IN MY TEACHING?

- Teachers should move from known topics to unknown, and direct learners toward becoming more experienced in their listening approach.
- The teacher should consider learners' proficiency level when searching for listening materials, and designing tasks.
- Teachers should consider learners' possible anxiety and fear of listening, and scaffold their tasks accordingly.
- Learners might have their own personal approach for listening, and teachers should be aware of individual differences.

